

Monday, February 12

**Lunch**  
 -Bacon Cheeseburger  
 -Mini Corn Dogs  
 -Popcorn Chicken Salad  
 & Bosco Stick  
 -PBJ Sandwich  
 Baked Beans  
 Chilled Pears  
 Cold Milk

Tuesday, February 13

**Lunch**  
 -Soft Chicken Tacos  
 -Hot Ham & Cheese Sandwich  
 -Caesar Salad & Bosco Stick  
 -PBJ Sandwich  
 Sweet Corn  
 Chilled Applesauce  
 Valentine's Cookie  
 Cold Milk

Wed., February 14

**Lunch**  
 -Mozzarella Sticks  
 & Dipping Sauce  
 -Fish Sandwich  
 -Chef Salad & Bosco Stick  
 -PBJ Sandwich  
 Green Beans  
 Fresh Apple  
 Cold Milk

Thursday, February 15

**Lunch**  
 -Chili Dog or Hot Dog  
 -Hot & Spicy Chicken  
 Sandwich  
 -Caesar Salad & Bosco Stick  
 -PBJ Sandwich  
 Steamed Broccoli  
 Chilled Peaches  
 Cold Milk

Friday, February 16

**Lunch**  
 -Cheese Pizza  
 -Fish Sticks &  
 Cornbread Muffin  
 -Chef Salad & Bosco Stick  
 -PBJ Sandwich  
 Seasoned Carrots  
 Mixed Fruit  
 Cold Milk



Swans are one of the few animals that will mate for life!

*Happy Valentine's Day!*

Monday, February 19

*Presidents' Day*



*No School Today*

Tuesday, February 20

**Lunch**  
 -Chicken Strips  
 & Mini Waffles  
 -Toasted Cheese Sandwich  
 -Caesar Salad & Bosco Stick  
 -PBJ Sandwich  
 Baked Beans  
 Chilled Applesauce  
 Cold Milk

Wed., February 21

**Lunch**  
 -Straw Hat  
 -Hamburger on Bun  
 -Chef Salad & Bosco Stick  
 -PBJ Sandwich  
 Green Beans  
 Frozen Juice Cup  
 Cold Milk

Thursday, February 22

**Lunch**  
 -Orange Chicken  
 & Fried Rice  
 -Sub Sandwich  
 -Caesar Salad & Bosco Stick  
 -PBJ Sandwich  
 Steamed Broccoli  
 Pineapple Tidbits  
 Fortune Cookie  
 Cold Milk

Friday, February 23

**Lunch**  
 -Baked Potato & Cheese,  
 Margarine & Bosco Stick  
 -Fish Sandwich  
 -Chef Salad & Bosco Stick  
 -PBJ Sandwich  
 Baby Carrots  
 Chilled Peaches  
 Cold Milk

## NUTRITION TO GO

Winter is the season when the fresh orange crop is at its juicy peak -- and that's also when we can really use the color, flavor, and aroma of fresh oranges, tangerines, and clementines. Oranges (mainly in juice form) are easily the primary source of vitamin C for Americans, but choose whole fresh oranges for a good shot of fiber, too.

**A QUICK BITE FOR PARENTS**

Monday, February 26

**Lunch**  
 -Chicken Quesadilla  
 -Mini Corn Dogs  
 -Popcorn Chicken Salad &  
 Bosco Stick  
 -PBJ Sandwich  
 Fiesta Beans  
 Chilled Pears  
 Cold Milk

Tuesday, February 27

**Lunch**  
 -Sausage, Egg & Cheese  
 Croissant  
 -Turkey & Cheese Wrap  
 -Caesar Salad & Bosco Stick  
 -PBJ Sandwich  
 Seasoned Carrots  
 Mixed Fruit  
 Cold Milk

Wed., February 28

**Lunch**  
 -Popcorn Chicken, Pretzel  
 Bites & Cheddar Cheese Sauce  
 -BBQ Rib Sandwich  
 -Chef Salad & Bosco Stick  
 -PBJ Sandwich  
 Green Beans  
 Chilled Applesauce  
 Cold Milk

Thursday, February 29

**Lunch**  
 -Cheeseburger  
 -Hot & Spicy Chicken  
 Sandwich  
 -Caesar Salad & Bosco Stick  
 -PBJ Sandwich  
 Emoji Potatoes  
 Orange Smiles  
 Cold Milk

## Floo Powder?

Harry Potter and his pals use magical FLOO Powder to move around their world, but in our world there's no magic cure for the FLU. But there are three ways you can help keep yourself and others healthy during flu season.

